



ETTALONG PUBLIC SCHOOL HOMENOTE

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Term 3 Week 7

3 September 2019

DATES FOR YOUR DIARY	
Tues 3 Sept	ICAS test - Digital Technology
Wed 4 Sept	Year 6 Cultural Continuum
Thurs 5 Sept	T20 cricket St 3; ICAS - Science
Tues 10 Sept	ICAS test – Writing
Wed 11 Sept	Disco for EPS students only; Kinder Cultural Continuum; P & C meeting 9am

Dear Parent and Carers

As the clouds continued to pour rain down on us on Friday morning, it did not dampen the Father's Day spirit of families or staff as we celebrated with another fabulous breakfast. Hundreds of bacon and egg rolls ensured our dads were well fed when they went off to work. Thank you to our wonderful cleaners who offered to cook the barbecue and to the staff who arrived at school before 7am to help prepare and serve. K-2 students sang their rehearsed song beautifully to their dads before the raffle was drawn with one lucky dad, Mr Withford, taking home a wheelbarrow full of goods donated by Mitre 10. Thank you for your understanding that minor changes had to be made on the day due to the heavy rain.

The P and C has purchased a new stove for use in the school canteen, something Cheryl Lynch our canteen manager has been wanting for a long time. Cheryl provides an excellent service with healthy food options and is a real asset to our school. The stove purchase was only possible due to fundraising efforts by the P & C and also canteen sales.

The Zone Athletics Carnival at Mingara last week saw a number of our students gaining places, which is a fabulous effort considering there were approximately seven hundred students competing. Milly Bushby and Oliver Szymansky blitzed their age groups with Oliver being named carnival champion, a well-deserved reward.

Swimming School commenced yesterday for students in Years 2 and 3 and they had a terrific day.

I am delighted to report that I held a Principal's Pizza Lunch for forty four children last Thursday which meant all of these children had been awarded two 3R's awards for their fine efforts. In a week when a small number of students had to be reminded about being respectful, it was my pleasure to reward those students who take their learning seriously.

Our touch football teams represented our school last week, showing great sportsmanship. They were not victors but the boys' game especially was exciting as we went down to the Woy Woy team 6 -7! Jet F was recognised at our assembly for her magnificent figure skating skills being named a figure skating champion and she is only 7 years old! Another student who deserves recognition is Jazmin C who went sooo close to winning money for herself and her school when she competed in Alpha Bucks on SeaFM last Friday morning. Jazmin had to answer 10 questions in 30 seconds, with the answers all starting with 'e'. With 8 correct answers, time ran out but we are really proud of her effort!

This week ends the ABC of literacy and numeracy hints. Even if you have only used one or two of these ideas over the weeks, then it has been worth the effort of publishing them ... You are the key to improving your child's literacy and numeracy; and Zip up to the local library with your child to borrow some books.

Lynn Balfour
Principal.

3R's AWARDS

Class	Name	Class	Name
2/3R	Alister B-W	3M	Tyla C
	Tai N		Riley H
	Emma I		Ellison M
3W	Lucas G	4T	Cooper B
	Sharnii H		Ruby Q
	Tili M		Katya H
4J	Isabelle J	4S	Kiara P
	Blade K		Dakota D
	Maddy M		Jakobie G
5B	Shamaya B-C	5/6L	Tahlis K
	Kazu R		Jaxon S
	Alex W		Cody L
6C	Caelan L	6H	Ava R
	Morgan F		Krystal S
	Gemma R		Isabella H
K/6B	Makayla F	K/6P	Noah B
K/6S	Jai M		
	Jaxx O'B		

PRINCIPAL'S AWARDS

Congratulations to these students who consistently demonstrate the 3Rs
Respect, Responsibility, Ready to Learn.

PLAYGROUND POSITIVE WINNER

Noah M 1P

Olive L	Ava B-M
Ruby H	Charlie M
Phoebe O	Dakota T
Harper M	Reuben L
Emily W	Harry C
Jaxx O'B	Charlotte L
Lara C	Blade K

P & C NEWS

Father's Day Stall

A massive thank you to the volunteers who helped out at the Father's Day Stall on Thursday. It ran very smoothly and without their time the stall would not have been able to operate with such success. We hope everyone was happy with their gifts!



Father's Day Raffle Winners

Congratulations

to the winners of the Father's Day Raffle.

1st Prize – Emily Withford

2nd Prize – Rita Manders

3rd Prize – Dylan Ibbotson



Thank you to the local businesses that contributed generously to the raffle: Mitre 10 Kincumber, Bunnings Umina, Cinema Paradiso, Ettalong Beach Hotel, Rebel Sports, Sids Barber Shop, Sunshine Vibe Café and Takeaway, BWS, IGA Ettalong, Coles Umina, Lords of Pour Ettalong, Campbell's Home Hardware.

We would also like to thank everybody who bought tickets. We raised over \$1600 which is a massive achievement.

Next Meeting

Our next meeting will be held on Wednesday 11th September 2019 at 9.15am in the Araluen Cottage at the school. Morning tea is provided, and all are welcome. If you would like a copy of the Agenda, please email epsbandc@gmail.com. We hope to see you there.

CANTEEN NEWS

Special Treats for Term 3

M&M Ice Cream \$2 Limited time only



COMMUNITY NEWS

Thank you to everyone who braved the weather and came to our Father's Day breakfast, it was an excellent turn out that was enjoyed by all.



Father's Day Breakfast



PARENTING TIPS

Kids need good men in their lives

While rummaging through my bookshelves at home recently I stumbled across *Romulus, My Father* by Raimond Gaita, a book that had a huge impact on me as a father.

Romulus, My Father is a lovingly told memoir of a hard-working father who remained faithful to his family and friends despite his wife's affairs, her mental illness and dealing with the hardships of earning a living in 1950s and '60s rural Australia. It's a tale of love, friendship and character.

One line in the book, "I know what a good man is because I saw it in my father," struck an instant chord with me. It was a reminder that kids need to have close experiences with men who have real depth of character and strength if they are to adopt those qualities themselves and also look for them in partners.

Role models of quality

Sadly, children and young people are less likely to see these qualities in many of our current political leaders and other public figures. Self-interest and shallowness of character, at least in a public sense, seems to be standard fare at present.

Like Gaita, I had the good fortune to have a father who was also a good man. He wasn't wealthy, famous or ambitious. Rather he was kind, considerate and generous. He had experienced an unhappy and – I suspect though he never spoke of it – abusive childhood but he was determined that his children would never experience the same treatment that he received.

As a disciplinarian he was soft but that didn't mean he was a pushover. He'd stand his ground with his children over issues that really mattered, such as how we siblings treated each other, displays of dishonesty and disrespect, and taking shortcuts in our studies or with work. He was a community-minded man who, through his example, taught his children the importance of serving and giving to those who didn't have the same serving of luck that we did. He was also an involved father who, despite being busy, always had time to play cricket and football after work with my brother and me. He was never too busy for his children.

A compass and a map

Significantly, my father gave me my moral compass in the form of the value system that he lived by. His many sayings including his most popular mantra: "If you can't say a good word about anyone don't say anything at all". That still rattles around in my head today. Through his active community involvement, his devotion to family and his propensity to have a good laugh, he gave me a map to follow on how to live a good life.

I don't have a monopoly on being raised by a good man. If you were raised by a good man then count your blessings because you had a wonderful head start in life. Your task is to make sure your father's legacy lives on in your own children. You'll do that by being a man of strength and character, and by being a wise, loving presence in your children's lives whatever their age.

If, through whatever circumstance, you didn't have a good man close to you in your life as a child, then start the process with your own kids. Many men who have gone before you weren't close to their own fathers, or had fathers who were ineffectual, but they became great fathers despite their circumstances.

With public life increasingly producing male role models of dubious quality, it's up to dads and other significant males in the lives of children and young people to be good men, strong men and men of honour.

That's the legacy that we leave.

Michael Grose Presentations.

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www.parentingideas.com.au