



ETTALONG
PUBLIC SCHOOL

HOMENOTE

KARINGI ST ETTALONG BEACH NSW 2257

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| www.ettalongps.nsw.edu.au

Term 2 Week 6

4 June 2019

DATES FOR YOUR DIARY

Wed 5 June	Year 3 Cultural Continuum Indigenous students
Thurs 6 June	Open Day for new students 2020
Mon 10 June	Public Holiday - Queen's birthday
Wed 12 June	P & C meeting 9.15am in Araluen; Debate vs Umina PS
Thurs 13 June	AECG at Mingaletta
Fri 14 June	Netball vs Empire Bay PS at EPS

Dear Parent and Carers

If you know anyone who is planning to send their child to our wonderful school next year, please remind them about our Open Day this Thursday. A number of our talented creative arts children will perform, then we will visit selected open classrooms to see firsthand how students learn in the 21st century. We are extremely proud of our students and school and look forward to welcoming prospective students and their parents at 9.30am.

Congratulations to Mr Cardy and his Sydney North soccer team who are now state champions after beating the CIS (Combined Independent Schools) 1 – 0 in the grand final at chilly Bathurst last week. Fourteen teams from associations around NSW descended on the Bathurst township for an exciting week of high quality soccer competition and they were not disappointed. The Sydney North team outshone everyone with 7 out of the 14 boys selected to represent NSW.

Students are very excited about our upcoming Art Show in Term Three and already the children have started producing interesting items to display. Keep Aug 6 – 9 free so you don't miss this spectacular. To further promote our art show, we are inviting interested students to design a logo. The logo competition is totally optional with entries closing at 9am on Monday June 10 and students will be invited to vote to choose the winning entry.

Please be considerate of our neighbours when parking near or visiting our school. Our neighbours keep an eye on the school for us when we're not here so it's only fair that we return the favour by respecting their property and not blocking their driveways. Thank you for your understanding.

Our school leaders excelled themselves last week as they increased our Breakfast Club days from three to five which means students can now pop in for (more) breakfast every morning from 8.30am – 8.55am. Regulars and newcomers enjoyed catching up with friends over a healthy breakfast served by school leaders last Thursday and Friday as part of an initiative to promote healthy lifestyles among school children, while taking advantage of leadership opportunities here at EPS.

Last Friday we said goodbye to Mr Theobald who shocked us to the core when he announced he was taking his family to Queensland to live. It was a whirlwind process and no one was more surprised than Mr Theobald himself at how quickly the Queensland Education Dep't moved! We wish Glen and his family all the very best in their new venture.

Lynn Balfour

Principal

3R's AWARDS

KA	Amara I Lockman R	KR	Roisin O'R Cadence G
	Harris F-H	1P	Adam D
1H	Sophia R Nesta F		Amber S Sally W
	Jax I	1L	Lucas W
2S	Ethan L-D Amelia M	2P	Mia B Henry C
2C	Addison E Jordan S	2/3R	Asher T Charlie M
	Masha A		

PRINCIPAL'S AWARDS

Congratulations to these students who have been consistently demonstrating the 3Rs

Respect, Responsibility, Ready to Learn

Cayden H	Charlie M
Kloeh H	Ethan P
Georgia N	Leilani McM
Archie A	

PLAYGROUND POSITIVE WINNER

Eliza P 3M

GENERAL INFORMATION

Year 2 had a fantastic time at Hunter Valley Zoo

Last Thursday, a number of our students got up close and personal with a miniature tortoise, a snake, a shingle-back lizard, kangaroos, wallabies and some camels to name but a few!

Thank you to our parent helpers and teachers that make events like this excursion possible!



Our Local Habitats Field Trip to Pearl Beach for the Support Unit

On Wednesday 29th May the students in the Support Unit enjoyed a fabulous day out on their "Local Habits" field trip to Pearl Beach. The day began with early morning glimpses of swamp wallabies and the loud laughs of kookaburras welcoming our students to the Pearl Beach Arboretum. This is where our students thoroughly enjoyed the sensory experience of learning firsthand the sights, smells, sounds and textures of the local native bushland and wildlife in our local environment. This was followed by dip netting in the Green Point Creek, a guided walk on the rock platforms investigating all the creatures in the rock pools, and creating plaster casts in the sand. We had beautiful weather for a beach picnic and the chance for students to play on the beach. We would like to thank the Central Coast Council & Umina SLSC for the use of the beach wheelchair, Community Transport Central Coast for helping us get there and back, the team of volunteers at the Pearl Beach Arboretum and all the teachers, support staff and volunteers who made the day such an enjoyable success.



P & C NEWS

The Election Day BBQ accounting has now been finalised and we are very happy to say that we made over \$1500.00! This was such a great result. Thank you to all the parents and grandparents who helped throughout the day and a special mention to Year 2! The majority of volunteers were relations from this year. Also, a big thank you to Kerry McMorrow who organised and ran the day.

It would be great to see some new faces next time. We understand time is precious and any contribution is greatly appreciated!

We are currently discussing our next fundraising event so please stay tuned! If you have any ideas, we would love to hear from you.

Our next meeting will be held on Wednesday 12th June 2019 at 9:15am, in the Araluen Cottage. If you would like to receive an agenda on which details what will be discussed at the meeting please don't hesitate to contact us.

The position of President is currently vacant so if you are interested in the role please contact us at epsandc@gmail.com and we can provide you with a role description.

COMMUNITY NEWS

Bike /scooter helmets

Students who have obtained permission to ride a bike and/or scooter to school are reminded that they must comply with the NSW road rules of wearing a helmet when riding. We also ask that children do not ride until they are outside the school gates, to avoid accidental collisions with people in the playground.

Kiss and Ride Zones

Kiss and Ride Zones are designed for your convenience and for your child's safety. Designed for quick entry and exit, these zones minimise congestion and risk when used properly. These zones operate under the same conditions as no parking zones, which means you may stop to drop off or pick up children for a maximum of 2 minutes. You're required to remain in, or within 3 metres of, your vehicle. Days and hours of operation may apply to some zones. To find out more information about the available Kiss and Ride zones in your area, please contact your local council.

Ph 0413 456086

日本空手道正晃会

KARATE

FREE KARATE LESSON

Ph 0413 456086

on presentation of this flier



NetStars Junior Netball Comp.

NETSTARS SHOOT FOR THE STARS

- Under 12s
4-5pm
- Under 14s
5-6pm

- Are you between the ages of 10 and 14?
- Can't commit to Saturday's but still looking to play Netball?
- Are you a coach looking to develop your teams match fitness?
- Want an indoor location to stay warm and dry?

Monday
Peninsula Leisure Centre
STARTING TERM 3
BOYS AND GIRLS

Registrations Open Now!

info@netstarscentralcoast.com
0481 528 599

netstarscentralcoast
Find us on Facebook

PARENTING TIPS

How to stop your children from swearing

If you're like me, you feel decidedly uncomfortable when kids of any age turn the air blue with profanities. Swearing shows lack of respect for others, and also a lack of awareness for their surroundings.

Teaching kids to use appropriate language is trickier now than in the past. For a start, standards have changed where many words – such as the 'F' word – that were deemed inappropriate in the past are often heard on radio and seen in mainstream newspapers. Words that everyone agrees are inappropriate are frequently used in public forums, to the point that the boundaries of appropriateness have become blurred.

Standards may change, but the job of parents hasn't altered. That is, to teach kids to use language that doesn't offend others. Whether it's teasing or swearing – it's all the same. If a word or words are offensive, then choose other words or say nothing at all. That is the message to get across to the next generation.

Socially smart kids alter their language

Socially skilled kids of all ages will adjust their language to suit the situation they are in. They may speak one way with their friends but use a completely different vocabulary when they are with adults. They are aware that what works with their best friend just won't cut it when they are in Grandma's company. This awareness shows social acuity and the flexibility to adjust to different environments. It needs to be extended to all sorts of situations including where adults and younger children are present. Kids who constantly swear limit their social possibilities.

They didn't hear that from me!

What do you do when you know your children swear despite your best intentions? Don't over react. Try to work out its purpose. Children swear for many reasons, including: to experiment with language; to attract your attention; to make themselves appear bigger or older than they are; and even as a challenge or expression of personal power.

Inappropriate language can also simply be a reflection of your children's peer groups. "Everyone else swears so there's nothing wrong with it" is a common attitude of many children and young people.

Teach them that while swearing may be appropriate in one context or be accepted by one group, it is not acceptable in every situation. While not condoning swearing, get across to children that they need to learn to control their use of language and adjust it to suit the situation they are in.

When swearing becomes a habit

If swearing has become a habit for kids, make up alternative words to replace the swear words. One family I know had replaced certain words with fruit. They had a fruit for every situation!

Alternatively, use a penalty or fine system to make kids aware of their poor language. When you hear a family member swear, fine them an agree amount. At the end of the week or month give the money collected to a worthy cause. Of course, this strategy is easier to implement when parents join in as well.

Take a long, hard look at, er ... yourself!

It's also helpful to examine your own choice of language to judge if it is an acceptable model for your children. Yep, sometimes kids will pick up their parents' language and repeat it at the worst possible time, such as when relatives are over.

The job of adults is to develop a sense of social awareness in the next generation so they can easily navigate a variety of different groups and social situations. Teaching appropriate language use is at the very heart of teaching kids to be socially skilled. That's something we all should swear by!

Things to remember when kids swear:

1. Avoid over-reacting when your kids swear. Look for the reason.
2. Discuss with older children the concept of matching their language with the audience.
3. Nip it in the bud before it becomes habit forming.
4. Use a penalty or fine system when kids swear in front of you.
5. Model the language you want your kids to use.

A last word

Standards may change, but the job of parents hasn't altered. That is, to teach kids to use language that doesn't offend others. If it's offensive then encourage them to choose other words, or say nothing at all. That's the approach that socially smart kids follow.

Michael Grose Presentations.

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www.parentingideas.com.au