



ETTALONG
PUBLIC SCHOOL

HOMENOTE

KARINGI ST ETTALONG BEACH NSW 2257

02 4341 3655

| www.ettalongps.nsw.edu.au

Term 4 Week 4

12 November 2019

DATES FOR YOUR DIARY	
Tues 12 Nov	Year Six boys Men's Shed group commences
Wed 13 Nov	P & C meeting 9.15am
Thurs 14 Nov	Headstart
Fri 15 Nov	Leaders 2020 applications close
Mon 18 Nov	Year Six Surf Awareness program
Thur 21 Nov	Year Five Surf Awareness program; Headstart

Dear Parent and Carers

Year Two had a fabulous excursion along the Ettalong waterfront last Thursday. The students were beautifully behaved and this was not overlooked by members of the public who told teachers what a terrific group of children they had. The children returned in time for lunch and a number of these students then joined the group of deserving children who were being rewarded with their pizza lunch for achieving a Principal's Award.

Spider Day last Friday was a huge success! Thank you for supporting our Year Six students in their fundraising efforts. With beautiful, sunny weather the children were keen to buy soft drinks infused with ice cream and at only one dollar per drink, they were extremely popular. The cake stall also was a big hit, especially as it was also Grandparents' Day and the SRC raised \$565.35 for Stewart House which is a fabulous effort. Our talented performing arts students performed beautifully for our 'older' visitors before classrooms were opened for grandparents to see how lessons are taught in the 21st century. We all had a terrific day and the positive comments both verbally and online were very much appreciated.

The temporary fencing around the new K – 2 equipment was removed yesterday, allowing students to play on the long awaited climbing frame. All classes will be given time to play, during class time this week, to make sure all children get to experience the equipment we have worked so hard to pay for. Lunch and recess times will also be timetabled for the first few weeks, to avoid overcrowding and to make sure everyone gets a fair go.

Last week Millie B represented our school at the NSW PSSA State Athletics Carnival at Homebush in five events in the Multi Class. Millie put in an amazing effort and many thanks also to EPS staff Mr Leary, Mr Boutland and Mr Cardy who attended.

HeadStart continued last Thursday with a large number of parents taking advantage of the information session in the library. We are very fortunate to have professionals providing valuable information to our new parents and we are very grateful to them for giving their time free of charge.

If you will be moving home and not returning to our fabulous school next year, would you please advise our office as soon as possible as we are currently planning class sizes for next year. Thank you for your assistance.

Congratulations to Ms Kelly (classroom teacher on KA) whose new baby boy decided to arrive early, last week. We are all thrilled to hear her news of a new brother for her twin boys.

Lynn Balfour

Principal

PRINCIPAL'S AWARDS

Congratulations to these students who consistently demonstrate the 3Rs

Respect, Responsibility, Ready to Learn.

William H	KR	Imogen D	1P
Ruby L-W	KM	Kiara McK	2C
Logan H	KZ	Liam H	4T
Saleen F	KZ	Rei D	4T
Joel S	KZ	Ami G	5J
Kydan C-S	KA		
Myah H	1H		

PLAYGROUND POSITIVE WINNER

Joey G	3W
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ICAS results

Science

Merit	Emily S
Merit	Jethro L
Credit	Davis S
Credit	Tam J
Credit	Alex S
Distinction	Ruby H

Computers

Merit	Jethro L
Merit	Phoebe J
Merit	Tam J
Credit	Lachlan R
Credit	Alex S
Credit	Davis S

Spelling

Merit	Jake P
Credit	Charlie M
Credit	Harry W
Credit	Selson F
Credit	Ava B-M
edit	Tam J
Credit	Jethro L
Distinction	Lachlan R
Distinction	Alex S
Distinction	Ruby H

GENERAL INFORMATION

2P have been writing haiku, cinquain and rhyming poetry. Here are some cinquain poems.

Art

Pretty, creative
Drawing, painting, colouring
You can create art
Masterpiece
By Charlie

HEADSTART

Headstart- Week 4

Thank you to all of the 2020 students and their parents who attended our third Headstart, Ettalong's Kindergarten Orientation last Thursday. This week, our fourth session will take place. Please take your children to the silver seats outside the Kindergarten rooms where their names will be marked off and their name badges will be given out. The children looked wonderful in their Headstart T- shirts accompanied by their bright smiles. They are still available for purchase in the library at a cost of five dollars. Last week the students enjoyed the Kissing Hand story followed by a number matching craft activity.

On Thursday, 14 November, the children will be rotating through different activities and they will finally have the opportunity to use our new playground equipment.

This week in the library, Miss Crowther will demonstrate how students use Beebots and Adam Penberthy, Assistant Principal of Stage One will also demonstrate and present invaluable information about how your child will be using technology educationally at our school. We have a physiotherapist coming to share with you about physical development in children. We look forward to meeting you again.

Merran Hansford
Rel Assistant Principal



P & C NEWS

Next Meeting

Our next meeting will be held tomorrow Wednesday 13th November at 9:15am at the school in Araluen Cottage. Please note that younger children are always welcome and morning tea is supplied. There is a collection of toys available for them to play with. If you would like a copy of the agenda to see what will be discussed please email epsbandc@gmail.com. New and old members are always welcome.

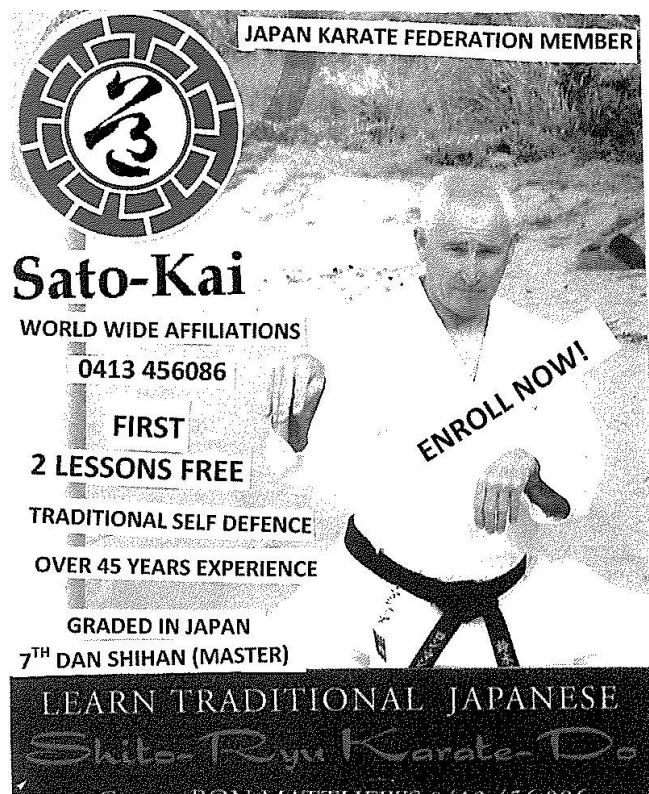
Uniform Shop Update

The uniform shop has a new name - from now on the uniform shop will be called **Zippies!** We have rebranded the order form and new signage will soon be on display.

We are currently looking at ordering stock for the new year as our supplier closes down over the holiday period so for items to be ready for the start of next year we need to submit our order by the end the month. To help us in our ordering process and to ensure we have enough supply we would like to request that orders for the start of 2020 be submitted by Friday 22nd November. These orders will be available for collection at the pupil free day. We will order additional stock however those that have submitted an order will be given first priority. Orders submitted this year will be subject to the current price list. Prices are subject to change in 2020. Order forms can be picked up and delivered to the office or Zippies. If you would like an order form emailed to you please contact epsbandc@gmail.com or text Nicole on 0438411370 with your email address.

We are still urgently looking for volunteers to help so please contact us or leave your name at the office.

COMMUNITY NEWS



JAPAN KARATE FEDERATION MEMBER

Sato-Kai

WORLD WIDE AFFILIATIONS
0413 456086

FIRST
2 LESSONS FREE

TRADITIONAL SELF DEFENCE
OVER 45 YEARS EXPERIENCE

GRADED IN JAPAN
7TH DAN SHIHAN (MASTER)

LEARN TRADITIONAL JAPANESE
Shito-Ryu Karate-Do

ENROLL NOW!



Refresh

wellbeing tips
for Kids & Families

Central Coast Health Promotion Service
www.healthpromotion.com.au

PARENTING TIPS

Is your child's brain ready for the online playgrounds?

Every week I spend time with teachers, students and parents helping them understand technology and the digital world, and present strategies to manage devices at home and at school. Ultimately, I want to ensure they are kept safe online and have the ability to thrive in this world, whilst reaping the many benefits the technology has to offer.

PARENTING TIPS CON'T

I am certainly not against technology, against social media or against video games. In fact, I see great benefits to incorporating them into our lives and the lives of our children. What I am against however, is the handing over of the devices with full access to the internet when there is little understanding of the potential harm and little to no safeguards.

We have all heard the stories, seen the headlines and clicked on the alarming clickbait. Stories of grooming where the young and vulnerable are lured away from their screens and in to the clutches of some paedophile. Yes those stories are out there, and while still a small minority of cases, the consequences are devastating. And aside from the grooming, there is the exposure to so much inappropriate, pornographic content that young people are being inadvertently sent via social networks and gaming platforms. Recent reports of a young girl finding herself in a sex chat room in the kids gaming platform Roblox is just one of mention.

What happens when kids find themselves in dangerous or perverted circumstances is usually the result of playing in playgrounds that they are just not cognitively and socially and emotionally developed enough to handle. When we place a child in an adult space, where adults are hanging out, (many of whom don't have their best interests at heart), we are asking them to make decisions and judgements and think in the critical ways that they are simply not equipped for.

In my student sessions we discuss how easy it is to be someone else online and how we can better arm ourselves with the skills and thinking to make accurate judgements about someone's identity. When I show them a picture of a made-up avatar with a picture of Justin Bieber and I ask them to tell me how they would know if he was the real deal, I get the same responses every time. Every single time from kids as young as 8 right through to those hitting their teens, I am met with suggestions such as "I would just ask him the name of his first song he wrote, not the one he released as not many people would know that". Or "I would ask him the name of his first pet?" Or "I would ask him things that only really hard-core fans would know and ask him to tell me really quickly before he had time to google it".

Every week when I do this exercise I am reminded that they are just not there yet. Their brain development is just not at a point where it can accurately make these decisions and come to the right conclusions. It isn't because they are naïve, or stupid, it is simply because they haven't been on this earth long enough, and their brain has not had the chance to grow and learn and think in ways that are beyond what we are expecting of them.

Now, as I said I am not against kids playing in some of these places but it must be done with absolute supervision while they are young. That means finding out about the platform they are wanting to hang out in. Finding out how you can make it as safe as you possibly can. Find out what settings to put in place and what 3rd party software you may need to look at to keep things under control and away from curious eyes.

If you are deciding to allow your child to have a device, search the internet, open a social media account or to play an online game, make sure that while you must certainly be teaching them the skills and thinking they will need, you cannot rely on that teaching alone. So, check age guidelines and if you think your child can manage and you are prepared to put in the time with them, then you must:

Play that game: have a go with at playing that game even if it is driving you crazy. You may just have some fun, enjoy some bonding and most importantly be able to have the most relevant conversations about any themes, content or possible dangers that may be found while playing.

Go to the settings: Always, always, check out what is available in the settings to make the experience as safe and user friendly as possible. This is where you can select who can contact your child, who can see their content, what content they can see, who can comment to them, what they can say, what words or phrases they can hear etc.

Google the potential risks: Understand some of the risks that have been associated with the game or app so you know you are doing all you can to avoid that risk.

Connect with your child: Talk to your child about what they like to do. We don't always have to be lecturing about what not to do online, but we can certainly be speaking about the positive elements and how we can encourage them to find ways to enjoy the good rather.

Watch them in this playground: Just as you would when they first take off the training wheels, or first make it on to the skatepark, we watch to see how they are going. Check to see if they are learning from past mistakes, to see if they have a back-up plan, to warn if you need to and to help them get back up again should they fall.

Michael Grose Presentations.

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for all your parenting challenges visit:

www.parentingideas.com.au