



ETTALONG PUBLIC SCHOOL HOMENOTE

KARINGI ST ETTALONG BEACH NSW 2257

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Term 4 Week 2

22 October 2019

DATES FOR YOUR DIARY

Tues 22 Oct	School photos
Wed 23 Oct	School photos; Central Coast Choral Festival
Thurs 24 Oct	HeadStart commences
Thurs 31 Oct	HeadStart; AECG meeting
Fri 1 Nov	Ball games carnival

Dear Parent and Carers

Today, many of our classes had school photographs taken and tomorrow the photographers will return to complete the task. Thank you for sending your children to school looking 'spick and span' so we can supply you with the best possible photographs. Don't forget to send your payment in the photograph envelope today if you haven't already done so.

This week we will welcome our 2020 Kindergarten students for their first week of Headstart. It's a really exciting time for the children and their parents, especially for the parents whose first child is starting school. Our teachers are also keen to meet the little children and make them feel welcome here as they start to become more independent and learn how to read, write and discover. We will again offer yellow t-shirts for sale to these young children to further include them as members of our fabulous school community.

I am enjoying watching many of our classes tend to tomato plants in our 'in-school tomato plant growing' competition. The students are keen to look after their class plant and I have made an extra effort to observe all of these plants, telling the children I am looking for one to swap mine with! I've also had children taking great pride in our school grounds, offering to be part of our gardening club during their recess and lunch breaks. I am so proud of our thoughtful students.

Last week at our whole school assembly I asked how many students had two 3R's awards at home, awaiting a Principal's Award. Numerous children put up their hands so I am encouraging them to bring in their certificates so they can be recognised appropriately, for their wonderful efforts and to also reward them with a Pizza lunch. 3R awards do not expire. It doesn't matter how long it takes to receive two awards, students can always bring them to me for their Principal's Award to be prepared.

Mrs Robertson manages ICAS optional tests available for students in Years 3 – 6 and she is absolutely thrilled with the students' results received recently. A number of students received Distinctions which is a magnificent effort.

Tomorrow night a number of our talented students will represent our school by performing at The Art House in Wyong at the Choral Festival. Two of our children are even performing solo! This is a wonderful opportunity for our students.

Please add Grandparents' Day to your calendar on Friday Nov 8 from 11am to 1.35pm (end of lunch time).

Congratulations to Mrs Linton and her family on the birth of their new baby boy who arrived last week, three weeks early.

Our clever canteen last Wednesday again achieved the '4 star rating' after a recent inspection. Congratulations to Cheryl and team of volunteers. Our canteen is amazing!

Lynn Balfour

Principal.

3R's AWARDS

Class	Name	Class	Name
KA	Kade B	KR	Thalia A
	Kydan C-S		Violet R
KZ	Logan H	KM	Bryah J
	Lara B-M		Annalise C
1H	Hunter G	1P	Phoenix T
	Myah H		Maeve O'R
1L	Rori McB	2P	Bodhy J
	Lexi S		Violet O
	Logan T	2/3R	Abigail M-B
2S	Gabe F		Ruby H
	Lanietta J	K/6JL	Patrick F

PRINCIPAL'S AWARDS

Congratulations to these students who consistently demonstrate the 3Rs

Respect, Responsibility, Ready to Learn.

Sienna W	1P	Kade B	KA
Saman K	4S	Bodhy J	2P
Cali R	KM		

PLAYGROUND POSITIVE WINNER

Paige Norton K/6S

GENERAL INFORMATION

Donations for White Elephant Stall

Dear Parents / Carers,

Year 6 are now accepting donations for the White Elephant Stall to be held at their Year 6 Mini Fete later this term. If you have any old toys or childrens books that your child/ren may have out grown and would like to donate, please drop them off to the Year 6 rooms or front office.

Many thanks in anticipation of your assistance.

Regards,
Year 6 students and teachers

HEADSTART

Headstart, Ettalong's Kindergarten Orientation Program commences this week on Thursday, 24 October 2019 at 9:20a.m for students commencing school in 2020. Please come to the school office to enrol your child if you have not already done so.

The parents' information session in the library will include meeting Mrs Balfour our school principal and we have Before and After School Care (YMCA) and Busways sharing information.

Come and have a cuppa and meet some new kindy families.

Regards,
Merran Hansford
Rel Assistant Principal



P & C NEWS

Survey

Thank you to the parents who have completed the survey. We have only had around 50 responses to date so we have extended it for another week. We really hope the parent community takes this opportunity to have their say. This is completely anonymous and will only take a couple of minutes.

The following link will take you to the survey: www.surveymonkey.com/r/Y3V8RMY

Christmas Raffle

We will be starting to put together the Christmas Raffle soon so if anyone has any donations that they can contribute or know of any businesses that may wish to help please contact us.

COMMUNITY NEWS

**SOUTHERN SPIRIT CRICKET CLUB**
Bring a friend, Come and try or
Register now online @playcricket.com.au
For more details see our face book page or on the Webpage
southernspirit.nsw.cricket.com.au

**JUNIOR BLASTERS**
AGES 5-7 | 60 mins | 6+ weeks
Learn new skills, including catching, throwing and teamwork, through fun game based activities.
Sign up now for your Starter Pack. Returning Junior Blasters score a Returner Pack with backpack and choice of bonus item!

**STARTER KIT** **RETURNER KIT**

**MASTER BLASTERS**
AGES 7-10 | 90 mins | 6+ weeks
Everyone gets a chance to bat, bowl and field in short, modified games of cricket. For kids with basic cricket skills.
Sign up now for your Master Blasters Pack!



**JUNIOR CRICKET BOYS & GIRLS**
AGES 9-17 | 24 HOURS
Play more shots, face more balls and take more wickets as you develop your skills through three levels of junior cricket.

- ✓ Short, action-packed games.
- ✓ Enhanced game formats allowing for greater skill development.
- ✓ Develop teamwork in a fun and competitive environment.
- ✓ Join an existing team or join up with a group of friends.

SSCC Junior cricket starts in October and training will be on this weekend see our social media for details.
For more info contact Brad 0429 895 308 or Jeff 0419 982103
Organise a team of friends for Junior Girls Cricket U14 or U16
Remember your 2nd \$100 Active Kids Voucher

 Join a crew nearby TODAY 



THE ELDERSLEE FOUNDATION BRING YOU THE 2019

CENTRAL COAST KIDS DAY OUT

at NARARA VALLEY HIGH SCHOOL

CELEBRATING ME

It's our 20th Birthday!

Sunday 3rd Nov
10am-3pm

ADULTS \$8 KIDS \$4 FAMILY \$25 2 ADULTS + 4 KIDS UP TO 4 KIDS KIDS UNDER 1 FREE

FREE PLAY FOR KIDS in the Creative Construction Zone!
cckdo.org for details

KIDS SHOWS & GREAT ENTERTAINMENT FOR ALL THE FAMILY. ALL THE USUAL RIDES, STALLS, INTERACTIVE WORKSHOPS & ACTIVITIES.



MEET & GREET
Wackadool! Bluey and her little sister Bingo are heading to Kids Day Out on Sunday 3rd Nov

HEY KIDS It's Party Time
DRESS UP and Visit the Party Room!

Princes/Princesses/Jesters 10:30 Fairies/Pirates 11:30 Mugglewarts 12:30 Talk to the Animals 1:30
JOIN THE FAIRYTALE COSTUME PARADE AT 2:40 AT THE MAIN STAGE

THE 20TH ANNUAL CENTRAL COAST KIDS DAY OUT 2019 IS PROUDLY SPONSORED BY



CENTRAL COAST KIDS DAY OUT 2019 CONNECTING FAMILIES TO SOCIAL SERVICES

PARENTING TIPS

Helping children make a bright start to school

Starting school is a major step in a child's educational journey. It is made easier when children are prepared for the transition. Children's milestone events such as starting school always bring a mix of emotions for both children and parents, with excitement, anticipation and nervousness being the most common. If either you or your child is feeling anxious about the big event then the following tips will help ease the tension and ensure your child makes the best possible start to their school life:

1. Be positive about the year ahead

School starters generally take their cues from their parents so your attitude to school, your child's teacher and learning can set the scene for a positive year ahead. Be positive and confident that your child will fit in and succeed and you increase the likelihood that they will do so.

PARENTING TIPS CON'T

2. Tell them what to expect

One of the best ways to ease a child's anxiety is to provide information about what they can expect at school. Over the school holidays, reinforce what they have already learned about lining up, play areas, routines and other aspects of school they may have experienced during the transition program. In this way your child will be better prepared for what happens when real school starts.

3. Develop your child's independence skills

Children with age-appropriate self-sufficiency skills generally find starting school much easier than children who have always had everything done for them. In the months leading up to the start of school make sure your child knows: how to open and close their lunchbox; how to pack their bag or backpack; how to use the toilet independently; and how to pack away their belongings. Practise eating play lunch and school lunch with your child. Also help them develop the habit of packing up their toys, their dinner plates and their clothes. These simple habits soon become ingrained patterns that will help maximise your child's long-term success at school.

4. Explain what school expects from them

Let your child know that being at school requires some behaviours that may be very different from those required at home. For instance, there will most likely be different rules and routines. They will probably have to work with many more children, they may have to put up their hand to get a teacher's attention and they may have to wait their turn to be heard. Help them understand that in a classroom they may not be able to do things when they want to – which can come as a shock to some children. These lessons about fitting in will help your child adapt quickly to their new surroundings.

5. Teach social etiquette

School requires children to make friends with other children and also to work and play alongside others. Take the time to explain and role-play the social etiquette that will help your child succeed socially. "Jeremy, when you want to play with others you need to say, 'Excuse me! Can I join in your game?'" Another way for children to learn social etiquette is through play dates, family gatherings and family mealtimes.

6. Familiarise them with the school environment

The scale of the physical environment of a school can be daunting for young children so consider spending some time at school during the holidays so they become familiar with the playground and the buildings. Also make the journey to and from school a number of times prior to the start of school so that they are comfortable when they go on the first day.

7. Develop a goodbye routine

Despite the best start to the school year there will always be those days when a child just doesn't want to go to school. Tears and tantrums are common for many school starters. It helps in these less-than-pleasant situations if you have a goodbye routine that includes a smile, a kiss and/or hug and leaving without looking back. If saying goodbye in the morning continues to be a struggle, seek the advice and help of your child's teacher.

8. Don't forget to develop a hello routine too!

Once school has finished some children just want to relax without talking about school, while others may unload about the events of the day. Follow their lead but regardless of whether your child opens up or closes down make sure they have some downtime so they can relax and unwind. If your child always presents a tale of woe about school ("I hate school. I'm not going back"), be patient and remember that children can be faulty observers and don't always see things as they really are. Help them look for the positive or good parts of their day by asking questions such as "What did you enjoy about today?"

At times of transition it's worth remembering some children adapt easily to new routines and new surroundings, while others may take many weeks to feel comfortable with going to school. If the latter is the case for your child, then patience, consistency and exposure to affirming parent networks may be the best allies that you and your child can have.